

# About FASD

A collaborative effort from  
[www.parentingcomplexchildren.com](http://www.parentingcomplexchildren.com)

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People with FASD **have challenges** due to no fault of their own. **They are innocent victims** of prenatal alcohol exposure.

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**Most of the time FASD is invisible.**

People with FASD can look capable, but be unable. **Only 1 out of 10 will have the visible features** associated with prenatal alcohol exposure.

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**You cannot outgrow FASD. It is permanent and a life-long condition.** There is no cure. **It is a difficult** to find diagnoses and supports as there is no disability category where they **fit in**



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**The brain is complex.** Just because a person can say it, doesn't mean the word is understood and **cognitive translation may be needed.** Often it is not they won't do it, they may **need a different way** to be able to achieve it.

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Persons with FASD just want to **be understood, cared for, included and most of all loved like everyone else.**

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FASD = Fetal Alcohol Spectrum Disorder  
[FurryThePenguin.com](http://FurryThePenguin.com) • [ItsMackiesWorld.com](http://ItsMackiesWorld.com)

We love people living with challenges of prenatal exposure to alcohol • Support 049

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**FASD is complicated and no two people are alike.** Prenatal alcohol exposure can cause damage to any system of the body. In recent medical literature there were found to be **over 400 different diagnoses and problems** associated with FAS.



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Most people with FASD have normal intelligence. Some will have high intellect and still struggle. The majority will **need a circle of external support for their lifetimes.**



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People with FASD can have memory and processing challenges, motor control, auditory, visual and sensory processing issues. **It is necessary to realize that their world is different from ours.**



8

We must **think beyond chronological age** and meet them at their developmental, social and emotional stages **with respect.** They learn well with experience in safe and fun guided steps.



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**FASD is preventable.** It is the number one cause of prenatal brain injury and **lifelong learning challenges.**



# What These Kids Need from Us!

**1** **Meet me where I am** at educationally, developmentally and socially.



**2** **Single step directions.**

**3 Extra time** to process so I can respond.



**5 Ask me if I understand** what is expected. Then **help me** put it into action.



**7 Safe places** for breaks My "tool kit" to regulate and show me an easy **exit plan**.



**Oh Yes we can... when we play on the same team.**

**9 Encourage my circle of friends** to have fun, teach & support me.

**6 Show** without telling. **Tell** without showing.



**8 Help me** design and use a **movement plan**.

**10 I thrive on positive behavior supports and trauma sensitive teaching.**

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